Directions: For this part you are allowed 30 minutes to write an essay about the impact of the information explosion by referring to the saying “A wealth of information creates a poverty of attention.” You can give examples to illustrate your point and then explain what you can do to avoid being distracted by irrelevant information. You should write at least 150 words but no more than 200 words. 第3006342号 作文

Endless Information While the information technology is advancing, the way we get information is becoming more and more easily. Although we are enjoying the convenience of these technologies, we are troubled with more and more unused and endless information. Hence, there is a saying that "A wealth of information creates a poverty of attention." The saying is true for all of us who live in modern cities. There is a case in point is that we can always see people who are attracted attention by mobile phones and are called as phubbers. In order to recapture our time, we must learn to how to curb our desires to look through information. Below are some of my suggestions. First, find a hobby or an important thing to make you focused on it. Needless to say, it cannot be better if you can be attracted in the thing as long as the is good for self-improvement. In addition, if accessible, find a friend to supervise each other which may be more efficient. Last but not least, keep a good habit of reminding ourselves the bad effects when we look through irrelevant information.

Information Explosion

While information technology is advancing, the way we get information is becoming more and more easily. As a consequence, the era of information explosion has come which gives us convenience and troubles at the same time. Hence, there is a saying that “A wealth of information creates a poverty of attention.”

The saying is true for all of us who live in modern cities. A case in point is that we can always see people who are attracted attention by mobile phones and are as phubbers. And for someone, time passed by in large quantities unconsciously when they look through information on the internet in their spare time. In order to recapture our time and energy, we must learn to how to curb our desires to gain irrelevant information.

Here is one of my ways to deal with information explosion. I informed a hobby of reading which can help concentrate my attention. More importantly, I am used to paper reading so that I can avoid being disturbed by the Internet.

In a nutshell, information explosion can be a challenge for us. The key to overcome a poverty of attention is to curb the temptation of information.